



None of the Rest, Stack up to the Best

LOUKOS MEDITERRANEAN PASTRY MIX

Manufacturer Product # 35816

Loukoumades - A Traditional Greek Treat! Warm, golden, deep-fried pastry puffs. Drizzle with honey or sprinkle with powdered sugar or cinnamon for an authentic taste of the Mediterranean.

Nutrition Facts	
Serving Size 75 g	
Servings Per Container 1	
Amount Per Serving	
Calories 30	Calories from Fat 5
% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 5mg	1%
Sodium 230mg	9%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Sugars 5g	
Protein 1g	
Vitamin A 0%	Vitamin C 0%
Calcium 4%	Iron 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

INGREDIENTS: Bleached Wheat Flour, Sugar, Milk, Dry, Whole, Salt, Natural and Artificial Flavor
CONTAINS: MILK

PRODUCT UPC	019121- 35816
BRAND NAME	Loukos
VARIABLE WEIGHT	No
CASE PACK	6 - 5 LBS.
CASE DIMENSIONS	H 8 X L 17-3/4 X W 9-1/4
NET WT.	30 LBS.
GROSS WT.	31 LBS.
HI/TI	10 x 8
PACKAGING TYPE	Carton
STORAGE	Room Temp
SHELF LIFE	8 Months
PRODUCT CLAIMS	None
KOSHER	No
Product Code Date - A 6 digit number; first 3 numbers represent the Julian Calendar date of manufacture; next 2 numbers are the year; last number is the batch number.	

GUST-JOHN FOODS & PRODUCTS CORPORATION

1350 PARAMOUNT PARKWAY

BATAVIA, IL 60510

1-800-756-5886

Info@Northern-Pines.com