



None of the Rest, Stack up to the Best

NORTHERN PINES WAFFLE MIX

Manufacturer Product # 35815

Developed from a Pennsylvania Dutch recipe, makes great waffles in both standard and Belgian styles

Nutrition Facts	
Serving Size 100 g	
Servings Per Container 20	
Amount Per Serving	
Calories 410	Calories from Fat 120
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 3.5g	18%
Trans Fat 3g	
Cholesterol 90mg	30%
Sodium 1490mg	62%
Total Carbohydrate 62g	21%
Dietary Fiber 2g	7%
Sugars 9g	
Protein 9g	
Vitamin A 2%	Vitamin C 0%
Calcium 6%	Iron 20%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

INGREDIENTS: Wheat Flour, Bleached Wheat Flour, Partially Hydrogenated Soybean/Cottonseed Oil, Corn Flour, Sweet Cream Buttermilk, Egg, Whole, Dried, Leavening, Sugar, Salt, Natural and Artificial Flavor

CONTAINS: EGGS, MILK, WHEAT

PRODUCT UPC	019121- 35815
BRAND NAME	Northern Pines
VARIABLE WEIGHT	No
CASE PACK	6 - 5 LBS.
CASE DIMENSIONS	H 8 X L 17-3/4 X W 9-1/4
NET WT.	30 LBS.
GROSS WT.	31 LBS.
HI/TI	10 x 8
PACKAGING TYPE	Carton
STORAGE	Room Temp
SHELF LIFE	8 Months
PRODUCT CLAIMS	None
KOSHER	No
Product Code Date - A 6 digit number; first 3 numbers represent the Julian Calendar date of manufacture; next 2 numbers are the year; last number is the batch number.	

GUST-JOHN FOODS & PRODUCTS CORPORATION

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