



None of the Rest, Stack up to the Best

## NORTHERN PINES PREMIUM PANCAKE MIX

Manufacturer Product # 30015

*The old-fashioned flavor comes from the multi-grain recipe that dates back to the 1800's. With just a touch of maple flavor, this uniquely-delicious mix is complete; just add water, and you're ready to serve some outstanding pancakes!*

Nutrition Facts	
Serving Size 100 g	
Servings Per Container 45	
Amount Per Serving	
Calories 200	Calories from Fat 30
% Daily Value*	
Total Fat 3.5g	6%
Saturated Fat 1g	5%
Trans Fat 1g	
Cholesterol 20mg	7%
Sodium 740mg	31%
Total Carbohydrate 38g	13%
Dietary Fiber 2g	6%
Sugars 6g	
Protein 5g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 8%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

INGREDIENTS: Wheat Flour, Bleached Wheat Flour, Corn Flour, Corn Meal, Sugar, Sweet Cream Buttermilk, Leavening, Partially Hydrogenated Soybean/Cottonseed Oil, Whole Egg, Dextrose, Salt, Egg White, Natural Flavor, Vanillin, Artificial Color (Yellow 5)  
CONTAINS: EGGS, MILK, WHEAT

PRODUCT UPC	019121-30015
BRAND NAME	Northern Pines
VARIABLE WEIGHT	No
CASE PACK	6 - 5 LBS.
CASE DIMENSIONS	H 8 X L 17-3/4 X W 9-1/4
NET WT.	30 LBS.
GROSS WT.	31 LBS.
HI/TI	10 x 8
PACKAGING TYPE	Carton
STORAGE	Room Temp
SHELF LIFE	8 Months
PRODUCT CLAIMS	None
KOSHER	No
Product Code Date - A 6 digit number; first 3 numbers represent the Julian Calendar date of manufacture; next 2 numbers are the year; last number is the batch number.	

GUST-JOHN FOODS & PRODUCTS CORPORATION

1350 PARAMOUNT PARKWAY

BATAVIA, IL 60510

1-800-756-5886

Info@Northern-Pines.com